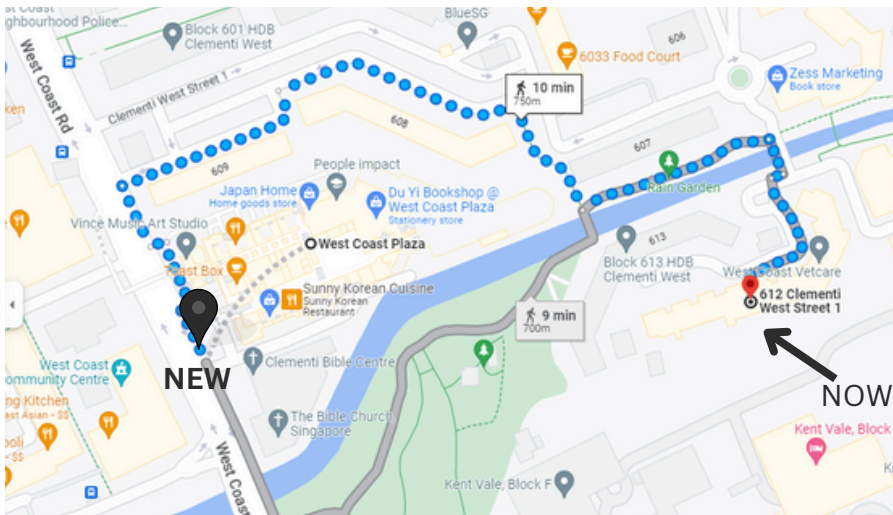




## WE ARE MOVING!

Terrific news! We are thrilled to announce that our clinic will be moving to a new location that is only a few blocks away. With a more congenial environment, our new location at West Coast Plaza will allow us to better serve you. In addition, its prominent position makes it easier to access public transportation, offers better dining options for you to grab a bite after your appointment, and brings you to a livelier setting.



## OUR NEW LOCATION

**JULY 2023**

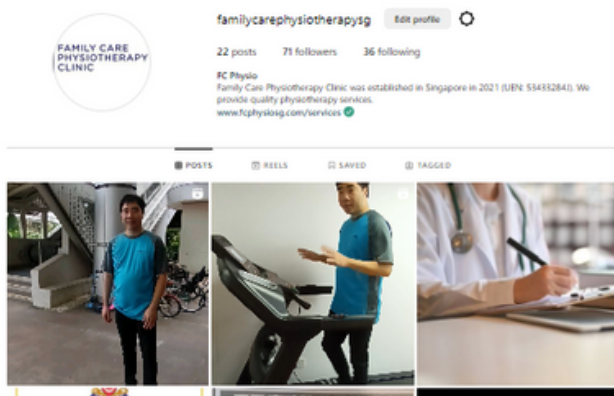
Opening Date: **Coming soon!**

New address: **154 West Coast Rd, #01 - 86, Singapore 127371**

## INSTAGRAM

@fcphysiotherapysg

Are you following us on Instagram yet? Our page is the go-to source for the latest updates and behind-the-scenes content.




## ABOUT US




Our Physiotherapy Clinic was established in August 2021 and has been providing physiotherapy services for diverse conditions.

Get in touch with us!

 [fcphysioclinic@gmail.com](mailto:fcphysioclinic@gmail.com)

 +65 9840 5033

 Blk 612, Clementi West Street 1  
#01-290, S120612

# TRADE MARK REGISTRATION



REPUBLIC OF SINGAPORE  
TRADE MARKS ACT 1998  
CERTIFICATE ISSUED UNDER SECTION 15(3)

After a year-long process, the trade mark registration of our clinic is **OFFICIAL!** We can now more clearly denote the caliber and consistency of our physiotherapy services as well as their origin in contrast to those of other clinics.

TRADE MARK NUMBER : 40202211640V

NAME OF PROPRIETOR(S) : FAMILY CARE PHYSIOTHERAPY CLINIC

## Clinical Corner - Nerve Mobilization

by Christopher Lo Chi Ngai

Nerve mobilization treatments aim to restore the mobility of the neural tissues and other structures, helping to normalize mechanical sensitivity and reduce pain. This technique can be used in the late stage rehabilitation after trauma or surgery, and involves the gentle movement of nerves to relieve tension and improve mobility. Nerve mobilization can be a valuable addition to a physiotherapy treatment plan, particularly for patients experiencing chronic pain or nerve-related symptoms. With careful assessment and individualized treatment, nerve mobilization can help to improve function and alleviate discomfort.

