



## IN THIS ISSUE: One Year Anniversary of Our Clinic

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It is one year anniversary of Family Care Physiotherapy Clinic since first established in Aug 2021 in the West Coast Area. We are very grateful to have friendly neighbours, relaxing environment and the healthy development of our clinic.



## Publicity 新明日報 31 July

**活得好**  
天天健康

**物理治疗师 是否有注册?**

可能因为近年诈骗事件变得频密, 新病人到我们物理治疗诊所查询时多会问: “你们的诊所是否卫生部 (MOH) 注册” 或是 “为什么在卫生部的网页找不到你们的牌照?”. 我希望在此提供相关资料供大家参考。

首先, 每个物理治疗师在新加坡均有专业注册。在Allied Health Professional Council (AHPC)的网页上的搜寻功能上 (<https://www.healthprofessionals.gov.sg/ahpc>) 输入物理治疗师的全名或注册编号, 便可显示其资料以作核对。

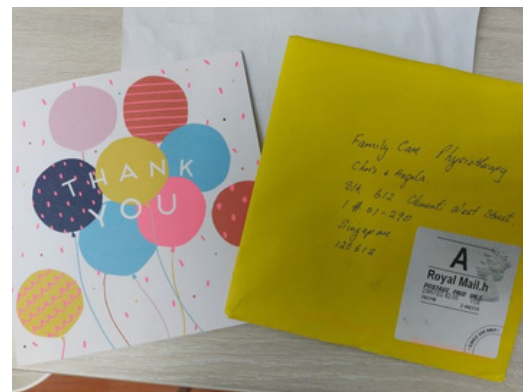
其次, 每一间私营物理治疗诊所亦需要商业注册, 会有一个UEN号码。但独立私营物理治疗诊所现时并未纳入Healthcare Services Act (HCSA)牌照要求, 所以在Listing of Licensed Healthcare Institutions (<https://www.hcidirectory.gov.sg/hcidirectory/>) 上是不会显示资料。所以有些时候, 服务使用者会对物理治疗诊所的专业资格有所误会。

要注意的是, UEN号码只是一个商业注册, 并不代表医疗服务的专业资格。

公众如欲查阅物理治疗服务提供者的专业资格, 是需要以物理治疗师的姓名或注册编号到AHPC网页核对。

当然, 每一位医疗人员自身也是有相关个人资料法例保障, 服务使用者也有责任保护其资料, 以免一不小心触犯相关法例。

文 / 卢志毅 (物理治疗师)



In the next year, we will continue to provide quality physiotherapy services to the West Coast community as well as patients who require our services. We will also provide professional training services to healthcare professionals and the public for health education.


Last but not least, we would like to give special thanks to our collaborators for their continuous professional support.


## ABOUT US




Our Physiotherapy Clinic was established in August 2021 and has been providing physiotherapy services for diverse conditions.

### Get in touch with us!

 fcphysioclinic@gmail.com

 +65 9840 5033

 **Visit our Clinic at:**  
Blk 612, Clementi West Street 1  
#01-290, S120612

# Research and Academic Work

Over the last three months, our clinic has published a scientific literature review paper in the New Zealand Journal of Physiotherapy collaborating with the University of Hertfordshire and the University of Limerick.

In addition, our Principal Physiotherapist-Christopher Lo was invited to present as a Keynote speaker at the Shoulder Extravaganza 2022 conducted by Singapore Physiotherapy Association.

Lo, C. N., van Griensven, H. & Lewis, J. (2022). Rotator cuff related shoulder pain: An update of potential pathoetiological factors. *New Zealand Journal of Physiotherapy*, 50(2), 82-93.  
<https://doi.org/10.15619/NZJP/50.2.05>

### LITERATURE REVIEW

## Rotator Cuff Related Shoulder Pain: An Update of Potential Pathoetiological Factors

Chi Ngai Lo MPhy  
Family Care Physiotherapy Clinic, Singapore

Hubert van Griensven PhD, MCSP  
Senior Lecturer, School of Health and Social Work, College Lane Campus, University of Hertfordshire, United Kingdom

Jeremy Lewis PhD, FCSP  
Professor of Musculoskeletal Research, Clinical Therapies, University of Limerick, Ireland.  
Consultant Physiotherapist, Therapy Department, Central London Community Healthcare, National Health Service Trust, United Kingdom

# Clinical Corner

## Hand and wrist physiotherapy service is available at our clinic.



Hand and wrist physiotherapy is important after fractures or surgeries because excessive swelling and immobilization can cause contracture in fingers resulting in prolonged disabilities. Physiotherapy interventions for hand and wrist injuries include carpal joint mobilization, fingers taping, nerve mobilization and tendon glide exercises are available at our clinic.

Our physiotherapist received relevant training in Hong Kong and Australia as well as years of experience in handling different hand and wrist injuries.